

# Turner 综合征伴枕叶癫痫一例

常伟 吴秋静 宋毅军

【关键词】 特纳综合征； 癫痫； 病例报告

【Key words】 Turner syndrome; Epilepsy; Case reports

## Turner syndrome with occipital lobe epilepsy: one case report

CHANG Wei<sup>1</sup>, WU Qiu-jing<sup>1</sup>, SONG Yi-jun<sup>2</sup>

<sup>1</sup>Grade 2007, 7-year Graduate School, Tianjin Medical University, Tianjin 300070, China

<sup>2</sup>Department of Neurology, Tianjin Medical University General Hospital, Tianjin 300052, China

Corresponding author: SONG Yi-jun (Email: songyijun2000@126.com)

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患者 女性, 16 岁。主因眼前闪光 2 年余、加重伴头晕 5 d, 于 2013 年 8 月 5 日入院。2 年前无明显诱因出现眼前闪光, 呈持续性, 未予重视, 之后(约 2011 年 1 月)于夜间睡眠中出现四肢强直、双眼上翻、口吐白沫和牙关紧闭等症状, 偶有舌咬伤情况。发作时神志不清, 每次发作约持续数分钟, 当地医院诊断为“癫痫”, 予奥卡西平治疗后发作得到有效控制。2 年后(2013 年 7 月)因无月经和第二性征发育不全, 外院诊断为“Turner 综合征”, 予雌激素替代治疗, 口服戊酸雌二醇 1 mg/d。治疗 1 周后出现“天旋地转”式头晕, 持续发作, 尤以体位改变时发作明显, 不能活动, 伴视物旋转、眼前闪光, 不能睁眼, 平卧后症状可缓解, 发作时伴恶心、呕吐, 呈非喷射状, 发作后有畏光恐惧感, 遂以“头晕待查”收入我院。患者既往体格健康, 家族中无类似疾病病史, 无不良环境接触史。

体格检查 患者体温 35.4 °C, 脉搏 82 次/min, 呼吸 18 次/min, 血压 110/80 mm Hg (1 mm Hg = 0.133 kPa)。意识清楚, 一般情况可。左眼近视、矫正视力 0.8, 右眼弱视。身高 153 cm, 体重 32.50 kg。发量少, 后发际低。蹠颈, 肘外翻, 手指纤长; 脊柱

侧弯, 双侧肩胛骨发育异常。双侧乳房呈幼女型, 无腋毛, 弓形足, 会阴部无阴毛, 外阴为幼稚型。直线行走较差。神经科专科检查未见明显异常。

辅助检查 外周血白细胞计数为  $6.05 \times 10^9/L$  [ $(4 \sim 10) \times 10^9/L$ ], 红细胞计数  $4.61 \times 10^{12}/L$  [ $(3.50 \sim 5) \times 10^{12}/L$ ], 血红蛋白 140 g/L (110 ~ 150 g/L), 血小板计数为  $257 \times 10^9/L$  [ $(100 \sim 300) \times 10^9/L$ ]; 总蛋白 60 g/L (62 ~ 85 g/L), 白蛋白为 43 g/L (35 ~ 55 g/L), 球蛋白为 17 g/L (26 ~ 37 g/L); 谷氨酸转氨酶为 19 U/L (5 ~ 40 U/L), 天冬氨酸转氨酶为 17 U/L (8 ~ 40 U/L),  $\gamma$ -谷氨酰转移酶为 31 U/L (7 ~ 49 U/L); 总胆固醇 3.20 mmol/L (3.59 ~ 5.17 mmol/L)。妇科 B 超检查显示, 盆腔内条状低回声, 始基子宫。头部 MRI 检查显示, 右侧顶枕叶、侧脑室后角旁灰质异位, 右侧顶枕叶脑回细小(图 1)。脊椎 MRI 检查显示, 神经根鞘囊肿、许莫结节、马蹄肾。清醒期脑电图可见同步阵发慢波、尖-慢复合波, 以右侧较为显著; 睡眠期脑电图显示, 双侧频繁出现同步阵发性高波幅尖波、尖-慢复合波和(多)棘-慢复合波, 以右侧较为显著(图 2)。染色体检测结果证实 Turner 综合征(45XO 核型)。神经心理学测验韦氏成人智力量表(WAIS)总评分为 81 分, 言语理解能力、知觉推理、工作记忆和加工速度等认知功能均明显降低。头部 PET-CT 扫描显示, 右侧枕叶局部  $^{18}F$ -FDG 代谢和血流灌注明显升高, 双侧额颞叶外侧皮质  $^{18}F$ -FDG 代谢明显降低, 右侧海马血流灌注较对侧显著升高(图 3)。

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作者单位: 300070 天津医科大学七年制 2007 级(常伟, 吴秋静); 300052 天津医科大学总医院神经内科(宋毅军)

通讯作者: 宋毅军 (Email: songyijun2000@126.com)

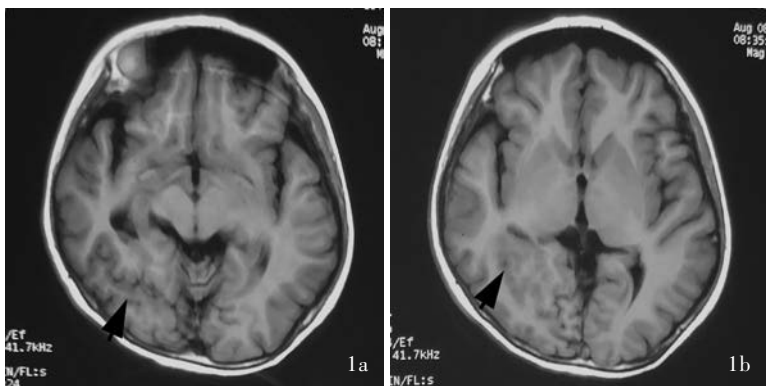


图 1 头部 MRI 检查所见 1a 横断面 FLAIR 成像显示,右侧顶枕叶团块状等信号(箭头所示),右侧顶枕叶脑回细小 1b 横断面 FLAIR 成像显示,右侧侧脑室后角旁灰质异位(箭头所示),右侧顶枕叶脑回细小

**Figure 1** Head MRI findings. Axial FLAIR showed crumbly equisignals in the right parietooccipital area (arrow indicates) with smaller gyrus of right parietooccipital lobe (Panel 1a). Axial FLAIR showed the grey matter heterotopia beside the posterior horn of right lateral ventricle (arrow indicates) with smaller gyrus of right parietooccipital lobe (Panel 1b).

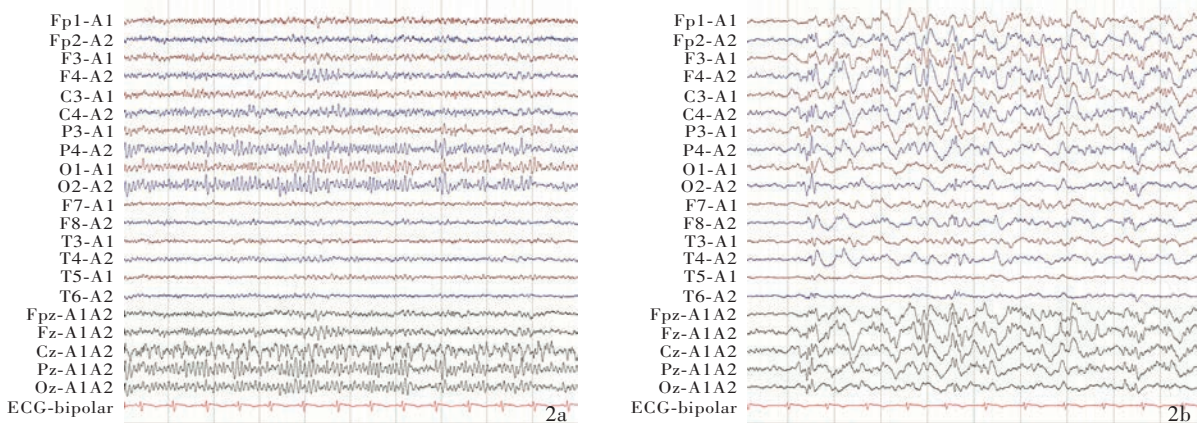


图 2 24 h 视频脑电图检查所见(参数:频率 512 Hz,速度 30 mm/s,高频滤波 70 Hz,低频滤波 0.30 Hz,带阻 50 Hz;背景 $\alpha$ 节律正常,调频调幅可) 2a 清醒期可见尖-慢复合波,以右侧显著 2b 睡眠期频繁出现同步阵发性高波幅尖波、尖-慢复合波及(多)棘-慢复合波,以右侧显著

**Figure 2** 24 h video electroencephalogram (EEG) findings. (The frequency 512 Hz, the paper speed 30 mm/s, the high frequency filter 70 Hz, the low frequency filter 0.30 Hz, the band elimination 50 Hz. The  $\alpha$  rhythm background was normal, the amplitude and frequency modulation were fine.) Sharp-slow waves in awake video-EEG were seen mainly on the right side of the lead (Panel 2a). The sleep video-EEG showed high frequency synchronous paroxysmal sharp wave, sharp-slow waves and spike-slow waves on both left and right sides, mainly on the right side of the lead (Panel 2b).

### 讨 论

Turner 综合征(TS)即先天性卵巢发育不良症,为 X 染色体数目或结构异常所致的性染色体遗传性疾病<sup>[1]</sup>,临床表现为女性表型,躯干畸形(身材矮小、盾状胸、蹠颈、肘外翻),性腺发育不良(卵巢呈条索状、原发性闭经),外阴呈幼稚型,肾脏畸形,心血管畸形,听力障碍或脊柱异常等。该病系 X 染色体影响神经元发育的典型表现,是 X 染色体缺失所致,且伴脑结构和功能异常改变<sup>[2]</sup>。癫痫是脑结构异常导致的同步异常过度放电<sup>[3]</sup>。

Turner 综合征是唯一出生后能够生存的染色体单体疾病,由 X 染色体全部或部分缺失所致<sup>[4]</sup>,可分为单体型、嵌合型、X 染色体结构异常、X 三体型和

含 Y 染色体核型<sup>[5]</sup>。活产女婴发病率约为 1/2000~1/2500<sup>[6]</sup>。Turner 综合征患儿脑形态学存在明显异常,其 X 染色体上存在基因印迹效应,可影响大脑皮质厚度、表面积和皮质容积<sup>[7]</sup>;此类患儿有着相对较强的语言技能,但其计算力、视空间能力、执行和潜在的社会认知能力较弱<sup>[8]</sup>。经研究发现,单体型 Turner 综合征患儿右侧距状皮质、楔叶、楔前叶存在灰质萎缩;这些解剖结构分别与视空间能力、计算力、逻辑思维和运动感觉功能密切相关<sup>[9]</sup>。然而,对 Turner 综合征认知特征之表型的研究表明,X 染色体完全缺失的女性患者存在白质特定区域畸变<sup>[10]</sup>。

该例患者临床表现和染色体检测均符合 Turner 综合征的诊断,主要表现为头晕发作时伴眼前闪光,结合清醒期脑电图所显示的同步阵发性慢波、

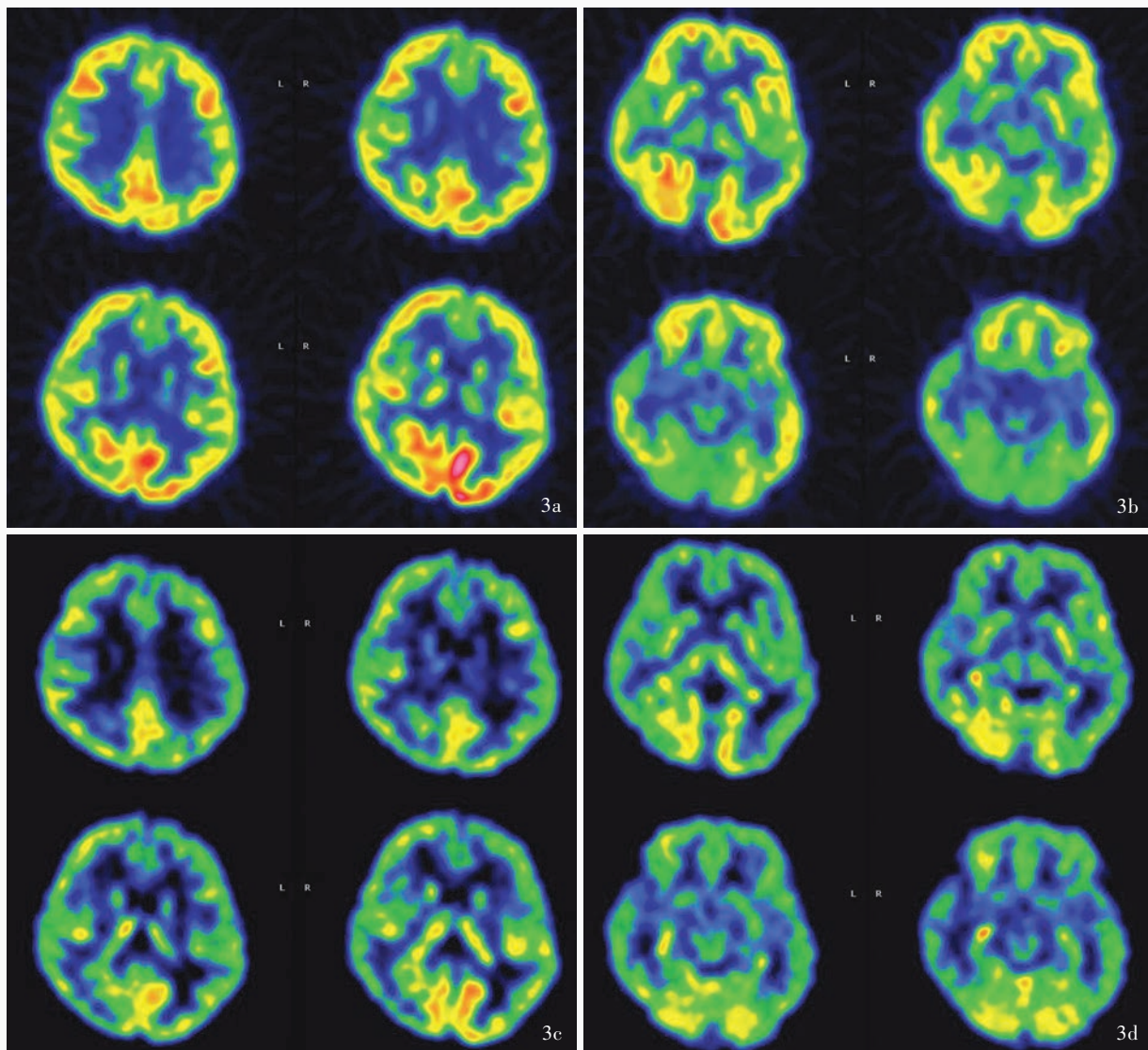


图 3 头部 PET-CT 检查所见 3a 右侧枕叶局部  $^{18}\text{F}$ -FDG 代谢浓集程度明显升高(红色区域所示),与邻近皮质近似 3b 双侧额颞叶外侧皮质  $^{18}\text{F}$ -FDG 浓集程度弥漫性降低(蓝色区域所示),无明显偏侧;双侧颞叶内侧皮质海马区  $^{18}\text{F}$ -FDG 浓集程度未见异常 3c 右侧枕叶局部血流灌注明显升高(红色区域所示) 3d 右侧海马区血流灌注较对侧升高(红色区域所示)

**Figure 3** Head PET-CT findings.  $^{18}\text{F}$ -FDG metabolism of right occipital lobe increased obviously (red areas indicate) and the degree of concentration was close to nearby cortex (Panel 3a). The degree of  $^{18}\text{F}$ -FDG concentration in bilateral frontal and temporal lobes reduced (blue areas indicate) while the concentration in the hippocampus regions of the medial temporal cortex were normal (Panel 3b). The blood perfusion of the right occipital lobe increased obviously (red areas indicate, Panel 3c). The blood perfusion of right hippocampus was higher compared with the left (red areas indicate, Panel 3d).

尖-慢复合波且以右侧显著,头部 PET-CT 所显示的右侧枕叶代谢和血流灌注升高等表现,考虑为枕叶癫痫(右侧)。同时,该例患者夜间癫痫发作形式为全面性强直-阵挛发作,结合睡眠脑电图所显示的双侧频繁出现同步阵发性高波幅尖波、尖-慢复合波及(多)棘-慢复合波并以右侧显著,PET-CT 扫描所显示的右侧海马区血流灌注较对侧明显升高,考虑枕叶癫痫(右侧)泛化至全脑。综合分析,最终诊断为枕叶癫痫。有研究显示,45X 核型 Turner 综合征患

儿顶枕叶灰质体积较正常儿童明显缩小,提示可能存在顶枕叶神经元发育障碍<sup>[9]</sup>。该例患者 MRI 显示右侧顶枕叶、侧脑室后角旁灰质异位,右侧顶枕叶脑回细小,考虑与 X 染色体缺失导致的神经元发育障碍有关。在发育过程中,神经元不能迁移到正常位置,故不能形成正常功能所需要的突触联系,而是在局部形成异常神经网络,诱发癫痫。有研究显示,在神经元迁移紊乱中,异位的灰质能够起到代谢共激活作用,进而诱发癫痫;灰质结节是与解剖

学上的皮质及异位相连的静息态区域最常见的共激活部位<sup>[11]</sup>。推测在 X 染色体上存在调控脑组织发育的基因。然而, X 染色体上的基因与大脑各部位发育的关系尚待对 Turner 综合征各种亚型的进一步研究。

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