

儿童型低级别胶质瘤药物化疗及靶向治疗进展

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【摘要】 儿童型低级别胶质瘤是儿童最常见的中枢神经系统肿瘤,大多数呈非侵袭性,预后较好。手术全切除是重要的预后影响因素,可达到长期生存。然而对于位于脑干、视觉传导通路等脑深部结构的肿瘤,无法手术全切除,药物化疗是临床症状恶化或影像学进展时的首选辅助治疗方法;近年除传统药物化疗外,靶向治疗药物的研发和应用也取得显著进展。本文综述儿童型低级别胶质瘤药物化疗及靶向治疗进展及所面临的挑战,以指导临床实践。

【关键词】 神经胶质瘤; 抗肿瘤联合化疗方案; 血管生成抑制剂; 分子靶向治疗; 儿童; 综述

Research advances on chemotherapy and targeted therapy of pediatric - type low - grade glioma

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【Abstract】 Pediatric - type low - grade glioma (pLGG) is the most common central nervous system tumor in children, and most pLGG exhibits non - invasive clinical behavior with a good prognosis. Total surgical resection is an important prognostic factor, and patients can achieve long - term survival after total tumor resection. However, tumors in deep location such as brain stem and optic pathway cannot be completely removed by surgery. Chemotherapy is the first choice of adjuvant treatment when the clinical symptoms of pLGG worsen or imaging progress. In recent years, in addition to traditional chemotherapy, the development and application of targeted therapy drugs have also made great progress. This article reviews the research progress and challenges of chemotherapy and targeted therapy of pLGG, in order to provide guidance for clinical practice.

【Key words】 Glioma; Antineoplastic combined chemotherapy protocols; Angiogenesis inhibitors; Molecular targeted therapy; Child; Review

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儿童型低级别胶质瘤(pLGG)是儿童最常见的中枢神经系统肿瘤,占30%~40%^[1],大多数呈非侵袭性,较少发生恶性转化(<10%)^[2]。手术全切除是最重要的预后影响因素^[3],且术后无需辅助治疗

即可达到远期无进展生存^[4],但对于视觉传导通路、脑干等脑深部中线结构或伴随播散的儿童型低级别胶质瘤无法手术全切除,术后常需辅以放疗^[3]。放射治疗的远期不良反应发生率较高,如严重认知功能障碍(30%)、内分泌功能紊乱(26%)、脑血管事件(脑出血和脑梗死,13%)及继发其他肿瘤(22%)等^[5];且有可能增加毛细型星形细胞瘤患儿的死亡风险^[6]。药物化疗是临床症状恶化或影像学进展时的首选辅助治疗方法^[7],值得注意的是,婴幼儿(≤3岁)肿瘤生长迅速,患儿直接因肿瘤死亡的风险较高,一经确诊即予以药物化疗^[8]; >3岁患儿如果

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症状不明显,可随访观察,观察期间若出现临床症状或影像学进展,即予以药物化疗。近年随着分子生物学的发展,更多基因突变位点被检出,越来越多的儿童型低级别胶质瘤可以从分子靶向治疗中获益;此外,肿瘤血管生成是肿瘤生长、浸润和转移的必需过程,抗血管生成靶向药物也呈现出一定疗效。本文拟综述儿童型低级别胶质瘤的药物化疗、抗血管生成药物靶向治疗和分子靶向治疗进展,旨在指导临床实践,为未来研究方向提供指引。

一、传统药物化疗

CV 方案和 TPCV 方案是儿童型低级别胶质瘤最常用的一线化疗方案。CV 方案为卡铂(CBP) + 长春新碱(VCR); TPCV 方案为硫鸟嘌呤(tioguanine) + 丙卡巴肼(procarbazine) + 洛莫司汀(lomustine) + 长春新碱。CV 方案和 TPCV 方案的客观缓解率(ORR)分别为 50.5% 和 52.4%, 5 年无事件生存率(EFS)为 39% 和 52%, 二者疗效相当^[9]。但 TPCV 方案含烷化剂较多,远期继发其他肿瘤的概率较高,不推荐应用于 1 型神经纤维瘤病(NF1)患儿;此外,TPCV 方案片剂较多,幼儿不易服用。由此可见, CV 方案和 TPCV 方案仍对近 50% 的儿童型低级别胶质瘤患儿无效,故如何优化药物化疗方案以提高疗效是目前主要研究方向之一。一项随机对照临床试验结果显示, CV 方案联合依托泊苷与单纯 CV 方案的客观缓解率分别为 41% 和 46.4%, 5 年无进展生存率分别为 45.3% 和 46.1%, 表明与单纯 CV 方案相比, CV 方案联合依托泊苷并不能提高疗效,且其 4 级血液学毒性(76% 对 64%)和 3~4 级感染(30% 对 18%)发生率更高^[10]。一项单臂 II 期临床试验显示,既往未经药物化疗的儿童型低级别胶质瘤患儿予以长春碱单药治疗后,客观缓解率为 25.93% (14/54), 5 年无进展生存率为 53.2% (95% CI: 0.413 ~ 0.685), 基于这一研究结果,加之长春碱价格低廉、药物毒性小,一些国家特别是中低收入国家将其作为一线治疗药物^[11]。用于治疗成人型弥漫性低级别胶质瘤的烷化剂替莫唑胺对儿童型低级别胶质瘤的疗效欠佳,不建议作为一线治疗药物;然而对于进展性儿童型低级别胶质瘤,经替莫唑胺治疗后, 13.33% (4/30) 患儿肿瘤体积缩小 > 25%, 43.33% (13/30) 肿瘤保持稳定,替莫唑胺客观缓解率为 13%, 疾病控制率为 56.7%, 提示其可作为儿童型低级别胶质瘤的二线治疗选择^[12]。除替莫唑胺外,复发性或进展性儿童型低级别胶质瘤

还可再次予以 CV 方案、贝伐珠单抗、顺铂 + 依托泊苷、长春碱等。研究显示, 37 例进展性儿童型低级别胶质瘤患儿经顺铂 + 依托泊苷治疗后, 24 例 (64.86%) 肿瘤体积缩小, 疗效维持 12 个月^[13]; 16 例进展性儿童视路胶质瘤经顺铂 + 依托泊苷 + 长春碱联合方案治疗后, 4 例部分缓解(PR)、5 例疾病稳定(SD)、7 例疾病进展(PD), 客观缓解率为 25%, 疾病控制率为 56.3%^[14]; 对比分析再次予以 CV 方案、卡铂单药与长春碱单药对无法手术全切除的进展性儿童型低级别胶质瘤的疗效, 3 种方案的客观缓解率分别为 58.8%、27% 和 46.4%^[15]。

二、抗血管生成药物靶向治疗

重组人血管内皮抑制素是一种多靶点抗血管生成药物,可以抑制血管内皮生长因子(VEGF)、碱性纤维母细胞生长因子(bFGF)、基质金属蛋白酶(MMPs)、整合素、Wnt 等信号转导通路。既往研究显示, CV 方案联合重组人血管内皮抑制素治疗儿童型低级别胶质瘤可将客观缓解率提高至 70%, 且起效时间短(中位起效时间仅 3 个月), 有助于尽快缓解肿瘤压迫, 改善患儿生活质量^[16]。亦有研究在 CV 方案治疗失败后加用重组人血管内皮抑制素, 使肿瘤获得长期缓解^[17]。CV 方案联合重组人血管内皮抑制素治疗儿童型低级别胶质瘤的前瞻性研究(试验编号: NCT04659421)正在进行中。贝伐珠单抗是一种单一靶向血管内皮生长因子的单克隆抗体, 其治疗复发性或进展性儿童型低级别胶质瘤, 可诱导肿瘤迅速反应(治疗 9 周时客观缓解率为 86%), 有助于缓解急性视力损伤或其他神经功能缺损^[18]; 但停药后约 93% 的肿瘤短期内再次进展, 停药后中位进展时间仅 4 个月, 且存在蛋白尿、类风湿关节炎、嗜睡等不良反应风险^[19]。

三、分子靶向治疗

大多数儿童型低级别胶质瘤存在丝裂原激活蛋白激酶(MAPK)信号转导通路相关基因组改变和 MAPK 信号依赖性肿瘤进展^[20-21]。 BRAF-KIAA1549 融合是最常见的基因变异, 发生率约为 35%, 尤其是毛细胞型星形细胞瘤, 有 60% ~ 70% 的患儿存在 BRAF-KIAA1549 融合。 BRAF V600E 突变也是主要的基因变异, 发生率约 15%, 尤以节细胞胶质瘤和多形性黄色瘤型星形细胞瘤最为常见^[22]。存在 BRAF V600E 突变的儿童型低级别胶质瘤患儿总生存期(OS)和无进展生存期(PFS)更短, 尤其是 BRAF V600E 突变与细胞周期蛋白依赖性激酶抑制

因子 2A(*CDKN2A*)缺失同时发生的患儿^[23]。儿童型低级别胶质瘤分子靶向药物的研发和应用在既往数十年取得了显著进展。

1. BRAF 突变 存在 *BRAF* 突变的儿童型低级别胶质瘤,可以考虑 *BRAF* 抑制剂和(或)MEK 抑制剂治疗。达拉非尼(dabrafenib)和维莫非尼(vemurafenib)是第一代强效选择性 *BRAF* 抑制剂,有望改善 *BRAF* 突变患儿预后。有研究纳入 32 例存在 *BRAF* V600E 突变的复发性(或)难治性儿童型低级别胶质瘤患儿,经达拉非尼治疗后,13 例(40.62%)部分缓解、1 例(3.12%)完全缓解(CR),客观缓解率为 44%,1 年无进展生存率为 85%^[24]。在维莫非尼 I 期临床试验中,19 例儿童型低级别胶质瘤患儿的客观缓解率为 31.6%,最常见的药物不良反应为皮疹,经对症支持治疗后消失且重新开始治疗后并未复发,表明维莫非尼具有良好的抗肿瘤活性且药物毒性可控^[25]。司美替尼(selumetinib)和曲美替尼(trametinib)是目前研究最广泛的 MEK 抑制剂。一项 II 期临床试验(试验编号:NCT01089101)显示,司美替尼对存在 *BRAF* 突变或融合的毛细胞型星形细胞瘤患儿的客观缓解率分别为 29% 和 39%,提示司美替尼对复发性(或)难治性儿童型低级别胶质瘤有一定疗效,但约 > 50% 患儿停药后 6 个月内出现肿瘤进展^[26]。曲美替尼治疗进展性儿童型低级别胶质瘤的客观缓解率约为 40%,亦有约 27% 患儿停药后 2~4 个月出现肿瘤进展,最常见的药物不良反应为发热、皮疹、疲劳和胃肠功能紊乱,治疗期间应警惕眼毒性、心脏毒性和颅内出血等并发症风险^[27-28]。联合应用 *BRAF* 抑制剂和 MEK 抑制剂可以提高疗效:一项达拉非尼联合曲美替尼一线治疗存在 *BRAF* V600E 突变的儿童型低级别胶质瘤的 II 期随机对照临床试验(试验编号:NCT02684058)结果显示,与标准化疗(CV 方案)相比较,达拉非尼联合曲美替尼的客观缓解率(47% 对 11%)和临床获益率(86% 对 46%)更高,其反应持续时间(23.7 个月对 6.6 个月)和中位无进展生存期(20.1 个月对 7.4 个月)更长久,3~4 级不良事件发生率(47% 对 94%)和因不良反应中断治疗的比例(4% 对 18%)更低^[29]。基于该项研究结果,美国食品与药品管理局(FDA)于 2023 年 3 月批准达拉非尼联合曲美替尼用于治疗存在 *BRAF* V600E 突变的儿童型低级别胶质瘤^[30]。此外,既往接受 *BRAF* 抑制剂和(或)MEK 抑制剂治疗后进展的儿童型低级别

胶质瘤患儿,再次应用该方案仍可能有效,约 80% 患儿可再次获得缓解或延长疾病稳定时间^[31]。

2. BRAF 融合 存在 *BRAF* 融合的儿童型低级别胶质瘤,可以考虑 MEK 抑制剂或第二代 *BRAF* 抑制剂如托沃拉非尼(tovorafenib)。4 例存在 *BRAF* 融合的儿童型低级别胶质瘤患儿经曲美替尼单药治疗后,3 例部分或完全缓解^[32];18 例存在 *BRAF* 融合的儿童型低级别胶质瘤患儿经司美替尼单药治疗后,7 例部分缓解,客观缓解率为 39%(II 期临床试验,试验编号:NCT01089101)^[26]。第一代 *BRAF* 抑制剂如达拉非尼、维莫非尼、索拉非尼,无法靶向 Raf 激酶二聚体,并可能导致下游细胞外信号调节激酶(ERK)信号转导通路异常激活,促进肿瘤加速生长^[33],故不适用于 *BRAF* 融合患儿的治疗;第二代 *BRAF* 抑制剂如托沃拉非尼可阻断 Raf 激酶二聚体并减少下游 ERK 信号转导通路的异常激活。复发性和(或)难治性存在 *BRAF* 融合的儿童型低级别胶质瘤经托沃拉非尼治疗后,客观缓解率达 50%^[34]。目前,托沃拉非尼已被美国食品与药品管理局批准用于复发性和(或)难治性存在 *BRAF* 突变或融合的儿童型低级别胶质瘤^[37]。此类患儿能否选择托沃拉非尼作为一线治疗药物的研究正在进行中^[36]。太平洋儿童神经肿瘤联盟(PNOC)开展的一项多中心 II 期临床试验(试验编号:NCT01734512)探讨哺乳动物雷帕霉素靶蛋白(mTOR)抑制剂依维莫司(everolimus)对复发性和(或)进展性儿童型低级别胶质瘤的治疗效果,结果显示,根据儿童神经肿瘤学应答评估(RAPNO)标准,62 例患儿中 1 例完全缓解、3 例部分缓解、8 例微缓解,客观缓解率为 19.4%,6 个月无进展生存率为 67.4%,中位无进展生存期为 11.1 个月;与存在常见 *BRAF* 融合位点的患儿相比,存在罕见和(或)新型 *BRAF* 融合位点的儿童型低级别胶质瘤患儿的预后更差(中位无进展生存期为 6.1 个月对 16.7 个月);而磷脂酰肌醇-3 激酶(PI3K)/丝氨酸/苏氨酸激酶(AKT)/mTOR 信号转导通路激活和未激活均与临床结局(6 个月无进展生存率分别为 68.4% 和 63.3%)无关联性^[37]。

3. mTOR 变异 存在结节性硬化症基因 *TSC1/2* 变异的室管膜下巨细胞型星形细胞瘤可考虑选择性 mTOR 抑制剂治疗。有 85%~95% 的室管膜下巨细胞型星形细胞瘤患儿存在 *TSC1/2* 基因变异,导致 mTOR 信号转导通路异常激活。一项 III 期随机对照临床试验显示,与安慰剂相比,mTOR 抑制剂依维莫

司治疗室管膜下巨细胞型星形细胞瘤的客观缓解率显著提高(35%对0)^[38]。基于该项研究结果,美国食品与药品管理局已批准依维莫司用于需干预但不适宜手术切除的结节性硬化症相关室管膜下巨细胞型星形细胞瘤的治疗^[39]。

4. *NTRK* 融合 存在 *TRK* 融合的儿童型低级别胶质瘤,可考虑原肌球蛋白受体激酶(*TRK*)抑制剂如拉罗替尼(larotrectinib)和恩曲替尼(entrectinib)治疗,目前这两种药物已在国内上市。拉罗替尼适用于全年龄段存在 *NTRK* 融合的实体肿瘤患者,恩曲替尼适用于年龄 ≥ 12 岁的存在 *NTRK* 融合的实体肿瘤患儿,治疗过程中均应警惕骨折的风险^[40-41]。

5. *FGFR* 变异 2023年,美国国家癌症研究所(NCI)与儿童肿瘤协作组(COG)合作开展的儿童MATCH(Molecular Analysis for Therapy Choice)试验(试验编号:NCT03210714)探讨纤维母细胞生长因子受体(*FGFR*)抑制剂厄达替尼(erdafitinib)在存在 *FGFR* 变异的胶质瘤患儿中的疗效,初步结果显示,11例儿童型低级别胶质瘤或胶质神经元肿瘤患儿中6例部分缓解或疾病稳定,厄达替尼耐受性良好,主要不良反应为高磷血症和指甲营养不良^[42]。但新近一项回顾性研究显示,接受 *FGFR* 抑制剂治疗的复发性存在 *FGFR* 变异的儿童型胶质瘤患儿中,3/7例股骨骨骺滑脱,线性生长速度增快^[43]。未来尚待进一步评估 *FGFR* 抑制剂的有效性和安全性。此外,*FGFR1* 变异还与儿童型低级别胶质瘤的自发性颅内出血存在显著相关性,存在 *FGFR1* 变异的患儿治疗过程中均发生颅内出血,应警惕^[44]。

6. 分子靶向治疗的挑战 尽管儿童型低级别胶质瘤的靶向治疗研究取得显著进展,疗效令人鼓舞,但仍存在一些问题和挑战。首先,早期临床试验欠标准化,纳入标准(如年龄、分子病理学特征、肿瘤播散、临床状态等)、临床终点评估、疗效评价标准等不统一,使得各项研究之间以及各种药物之间不宜对比分析,亟待建立统一的普适性临床试验标准,以使各项研究和各种药物之间具有可比性^[8]。其次,儿童型低级别胶质瘤存在耐药、反弹和复发现象,尽管肾素-血管紧张素系统(*RAS*)/*MAPK* 靶向治疗效果令人鼓舞,但治疗期间仍可能发生肿瘤耐药,也可能因肿瘤复发而终止治疗,或部分患儿停药后3个月内迅速反弹,如何区分上述现象?何时重新启动治疗?尚待更多研究的证实^[45]。再次,靶向治疗的最佳持续时间尚不确定,多项临床试验对

儿童型低级别胶质瘤进行为期2年的治疗,国际儿童低级别胶质瘤联盟(iPLGGC)临床工作组也推荐将2年作为靶向药物单独治疗时间,但2年的治疗期是经验性治疗,期待未来的药物研究在肿瘤反应、药物毒性和反应持续时间等方面具有可比性^[1]。最后,重新启动治疗尚未达成共识^[1],对于既往靶向治疗有反应但停药后进展或复发的儿童型低级别胶质瘤患儿,可以考虑同种药物再治疗,但应注意重新启动治疗标准的建立需区分肿瘤反弹与自然进展。

综上所述,对于儿童型低级别胶质瘤,传统药物化疗效果仍有待提高,药物化疗联合抗血管生成药物靶向治疗有望提高疗效,分子靶向治疗发展迅速,疗效令人鼓舞,对于复发性(或)难治性存在 *BRAF* 变异、*mTOR* 变异或 *NTRK* 融合的儿童型低级别胶质瘤,可以首选分子靶向治疗,但分子靶向治疗仍存在一些问题和挑战,有待未来更多的研究予以解决。

利益冲突 无

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