

鞍区脊索瘤术后椎管内多发转移一例

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【关键词】 脊索瘤； 蝶鞍； 椎管； 肿瘤转移； 病例报告

【Key words】 Chordoma; Sella turcica; Spinal canal; Neoplasm metastasis; Case reports

Intraspinal cord multiple metastases postoperation of the sellar chordoma: one case report

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患者 男性, 32 岁。主因脊索瘤术后 1 年余, 双下肢麻木、无力 3 个月, 于 2018 年 8 月 27 日入院。患者 1 年前因“多饮多尿 15 天”于外院行头部 MRI 检查, 发现鞍区占位性病变(图 1), 手术切除病变, 术后病理诊断为脊索瘤(图 2); 术后第 2 天发生脑脊液鼻漏, 经腰大池引流术治愈, 共住院 25 天。本次入院前 3 个月出现双下肢麻木、无力, 逐渐进展至无法独自站立, 病程中伴便秘, 偶有小便失禁, 遂入我院接受治疗。入院后体格检查: 双下肢肌力为 2 级, 肌张力降低, T₁₂ 平面以下深浅感觉减退。腰椎穿刺脑脊液检查发现可疑肿瘤细胞。头部 MRI 显示鞍内、鞍上及鞍背占位性病变, 符合脊索瘤表现。脊椎 MRI 增强扫描, 胸椎硬脊膜囊壁呈条形强化征象, L_{4,5} 椎间隙水平及椎管内占位性病变, 硬脊膜囊末端异常强化征象, 考虑脊索瘤脑脊液播散可能(图 3)。临床诊断考虑椎管内多发占位性病变, 脊索瘤播散转移可能。征得患者及其家属同意, 于 2018 年 8 月 30 日在全身麻醉下行椎管内肿瘤切除术。术中于 L_{4,5} 和 L₅-S₁ 椎间隙硬脊膜外可见大小约为 1.50 cm × 2.00 cm 的实性肿瘤灶, 质地柔软, 血供丰富, 与硬脊膜粘连不紧密, 手术显微镜下切除肿

瘤后, 进一步探查发现 L_{4,5} 椎间隙肿瘤灶部位有一硬脊膜小孔, 蛛网膜自小孔疝出, 切开并悬吊硬脊膜, 可见蛛网膜明显增厚, 切开蛛网膜后可见马尾神经和终丝上密布结节样肿物, 呈小点样至米粒样大小不等, 呈灰白色, 血供不丰富, 马尾神经增粗, 椎管内蛛网膜下隙变窄, 留取病变严重的神经根行组织病理学检查。术后病理诊断符合脊索瘤转移, 组织形态学观察肿瘤组织富含黏液, 黏液样间质中可见条索样或巢片状排列的立方形肿瘤细胞, 部分胞质呈轻度嗜酸性; 部分肿瘤细胞呈液滴状, 胞质内可见大量黏液推挤胞核移位, 细胞呈轻至中度异型性(图 4a)。免疫组织化学染色, 肿瘤细胞胞核及胞质广谱细胞角蛋白(PCK)、上皮膜抗原(EMA, 图 4b)、S-100 蛋白(S-100)、波形蛋白(Vim)、CD31、细胞角蛋白 8/18(CK8/18)呈阳性, 胶质纤维酸性蛋白(GFAP)呈阴性, Ki-67 抗原标记指数约为 5%。结合病史、术中所见和病理检查结果, 最终诊断为鞍区脊索瘤术后椎管内多发转移。术后 1 周腰椎 MRI 检查显示, L_{4,5} 平面病变已切除, 硬膜外积液(图 5)。患者此次共住院 18 天, 于术后 1 个月在外院进行质子放射治疗, 照射剂量为 1.80 Gy、共 30 天, 总剂量为 54 Gy。出院后随访 1 年, 患者双下肢瘫痪, 小便失禁, 大便困难, 未复查影像学。

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讨 论

脊索瘤为临床罕见且生长较为缓慢的局部侵袭性肿瘤, 起源于胚胎残留脊索组织, 好发于中轴

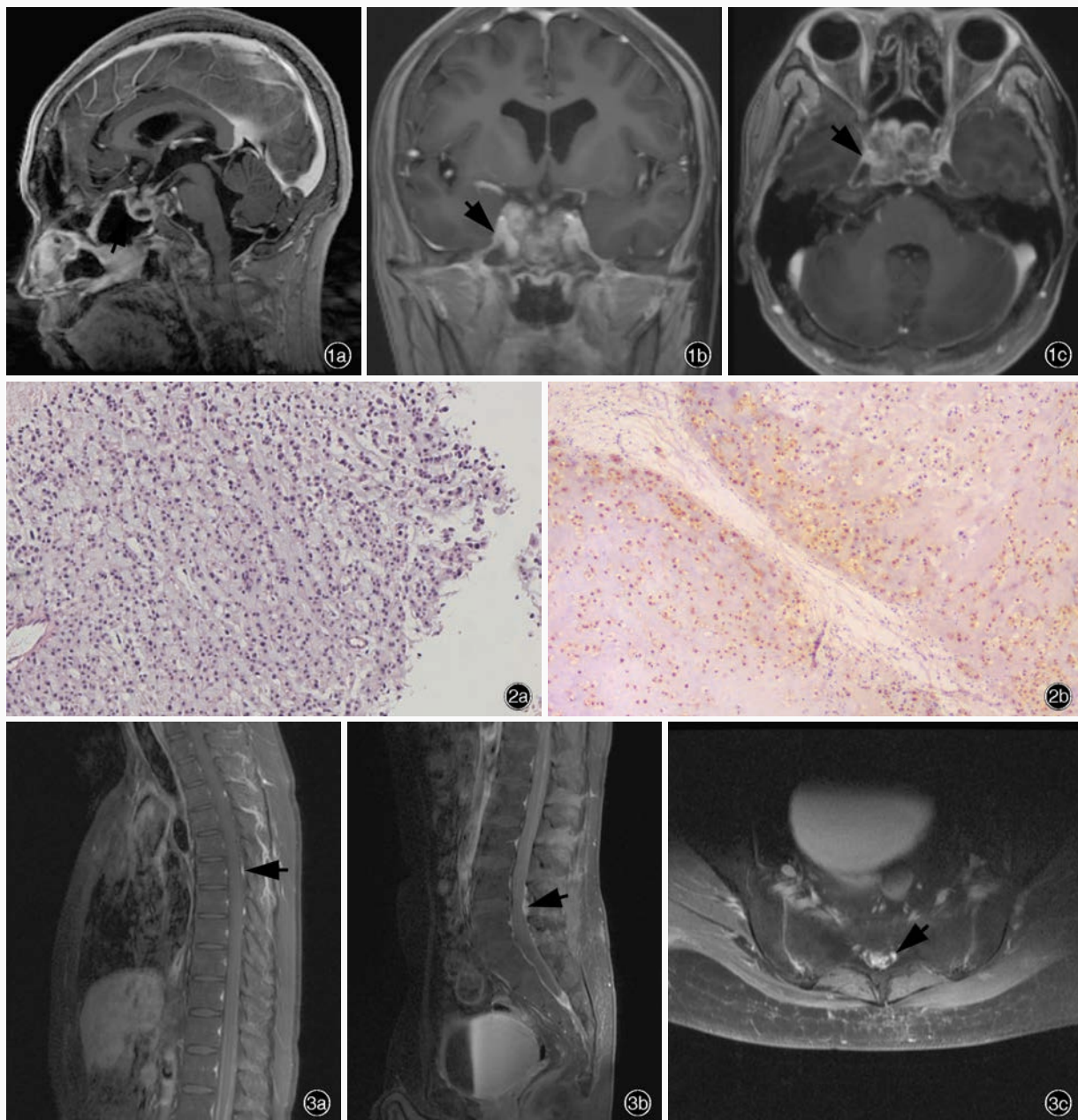


图 1 首次入院时头部 MRI 增强扫描显示,鞍区病灶呈明显不均匀强化,大小约 2.90 cm × 2.80 cm × 1.50 cm,边界清晰,其内多发分隔,包绕垂体柄(箭头所示) 1a 矢状位增强 T₁WI 1b 冠状位增强 T₁WI 1c 横断面增强 T₁WI **图 2** 首次术后病理学检查所见 ×100 2a 肿瘤组织富含黏液,可见呈巢片状排列的立方体状肿瘤细胞 HE 染色 2b 肿瘤细胞胞质丰富,胞核呈轻至中度异型性,胞核及胞质 S-100 阳性 免疫组织化学染色(EnVision 二步法) **图 3** 再次入院时脊椎 MRI 增强扫描所见 3a 胸椎矢状位增强 T₁WI 显示,硬脊膜囊壁呈条状强化征象(箭头所示) 3b 腰骶椎矢状位增强 T₁WI 显示,L_{4,5}椎间隙水平及骶管内呈局限性结节样病变(箭头所示) 3c 骶椎横断面增强 T₁WI 显示,骶管内呈明显强化征象(箭头所示),局部可见明显不规则硬脊膜增厚、强化

Figure 1 Cranial enhanced MRI during the first admission showed a significant uneven enhancement in the sellar region, with a size of about 2.90 cm × 2.80 cm × 1.50 cm. The border was clear and there were multiple separations around the pituitary stalk (arrows indicate). Sagittal enhanced T₁WI (Panel 1a). Coronal enhanced T₁WI (Panel 1b). Axial enhanced T₁WI (Panel 1c). **Figure 2** The first postoperative pathological examination findings ×100 Tumor tissue was rich in mucus, and could be seen in a nested sheet of cubic tumor cells (Panel 2a). HE staining Tumor cells were abundant in cytoplasm, and the nucleus was mild to moderately heterotypic. The expression of S-100 in the nucleus and cytoplasm was positive (Panel 2b). Immunohistochemical staining (EnVision) **Figure 3** Spine enhanced MRI at the time of readmission Thoracic sagittal enhanced T₁WI showed signs of strip enhancement in the dural wall (arrow indicates, Panel 3a). Lumbar sacral sagittal enhanced T₁WI showed L_{4,5} intervertebral space level and localized nodular lesions in the sacral canal (arrow indicates, Panel 3b). Lumbar sacral axial enhanced T₁WI showed obvious signs of enhancement in the fistula (arrow indicates). The local area showed obvious irregular dural thickened and enhanced (Panel 3c).

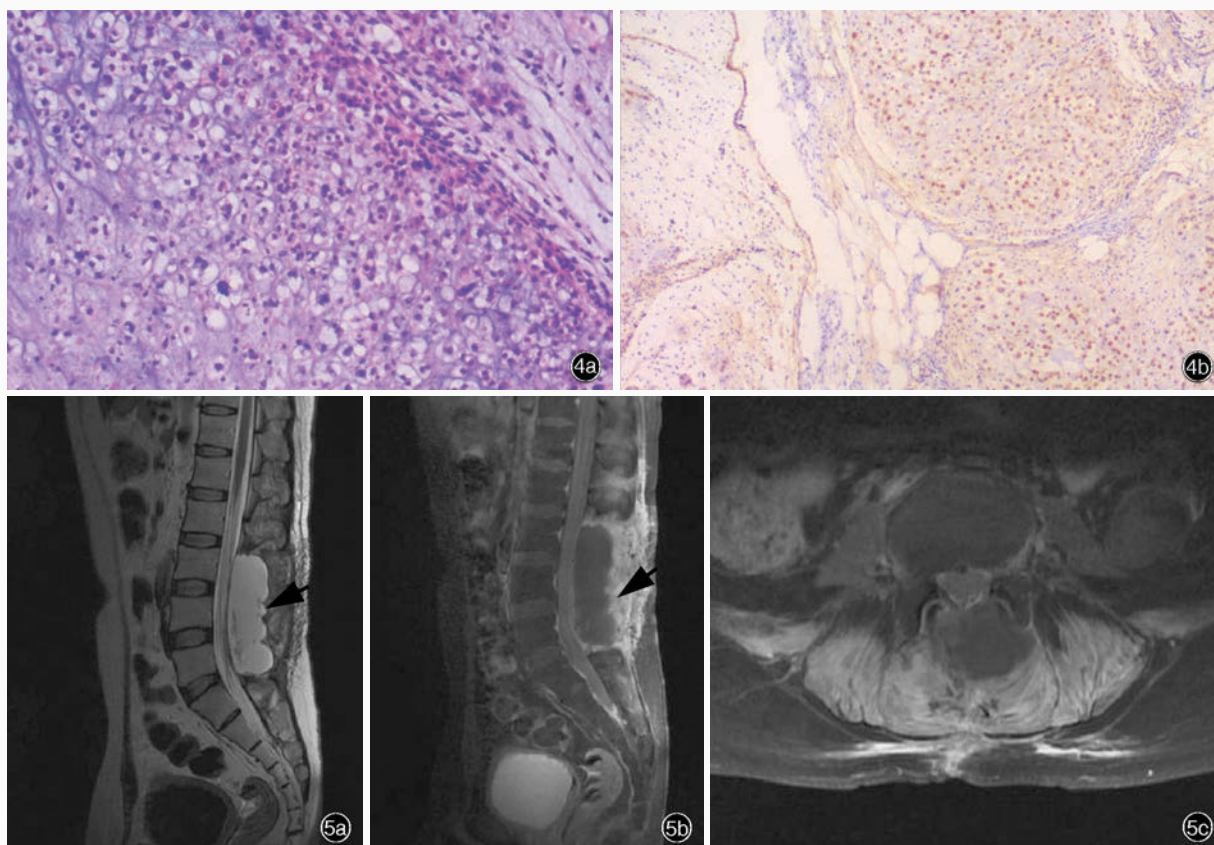


图 4 再次入院术后病理学检查所见 $\times 100$ 4a 肿瘤组织富含黏液,黏液样间质中可见呈条索状或巢片状排列的肿瘤细胞,呈立方形,部分胞质轻度嗜酸性;部分肿瘤细胞呈液滴状,胞质内可见大量黏液推挤胞核移位,细胞呈轻至中度异型性 HE 染色 4b 肿瘤细胞胞核呈中度异型性,胞质丰富,EMA 阳性 免疫组织化学染色(EnVision 二步法) **图 5** 术后 1 周腰椎 MRI 检查所见 5a 矢状位 T_2 WI 可见,术区硬脊膜外积液(箭头所示) 5b 矢状位增强 T_1 WI 显示, L_{4-5} 椎间隙水平结节状病灶已切除,硬膜外积液(箭头所示) 5c 横断面增强 T_1 WI 显示, L_{4-5} 椎间隙水平结节状病灶切除术后改变

Figure 4 Pathological examination findings after readmission surgery $\times 100$ The tumor tissue was rich in mucus, and the tumor cells in the mucus-like interstitium were arranged in a strip-like or nest-like arrangement, which was cuboidal, and some cytoplasm was mildly eosinophilic; some tumor cells were droplet-like and visible in the cytoplasm. A large amount of mucus pushes the nucleus shift in the cytoplasm, and the cells were mild to moderately shaped (Panel 4a). HE staining The EMA was positive in nucleus and cytoplasm (Panel 4b). Immunohistochemical staining (EnVision) **Figure 5** Lumbar spine MRI findings of one-week after operation Sagittal T_2 WI showed epidural effusion in the operation area (arrow indicates, Panel 5a). Sagittal enhanced T_1 WI showed the L_{4-5} localized nodular lesions resected, and epidural effusion (arrow indicates, Panel 5b). Axial enhanced T_1 WI revealed changes after resection of localized nodular lesions in L_{4-5} intervertebral space level (Panel 5c).

骨,尤以颅底斜坡和骶骨区最为常见,骶尾区、颅底和脊柱其他部位所占比例分别为 50%、35%和 15%,较少发生转移^[1-5]。临床症状主要表现为头痛和外展神经麻痹导致的复视^[6]。脊椎 MRI 可辅助评估肿瘤大小, T_2 WI 呈不同程度高信号,增强扫描后病灶呈不均匀强化;CT 所显示的特征性环形钙化可能与钙化的组织学类型相关^[7],明确诊断仍依靠组织活检术。

本文患者肿瘤首发于鞍区,经蝶窦鞍区占位性病变切除术后出现脑脊液鼻漏,术后短期内出现下肢神经功能障碍,考虑为肿瘤细胞随脑脊液播散所致,疾病迅速进展,再次行椎管内肿瘤切除术,术中

尽量维持硬脑膜完整,避免发生脑脊液鼻漏,必要时可进行鞍底重建。因此,对于术前即存在脊髓功能障碍的患者,应进行脊椎 MRI 检查以筛查远处转移灶^[8-10]。

脊索瘤首选手术治疗,既可明确诊断,又可减轻肿瘤负荷^[11-12]。对于发生于颅底的脊索瘤和软组织肉瘤,最理想的是手术全切除,然而由于解剖结构对手术入路的限制且肿瘤邻近重要脑结构,难以达到手术全切除,术后需辅助放射治疗^[13-14],但远期疗效欠佳,且存在神经放射性损伤的风险,为再次手术治疗增加难度^[15-16]。质子放射治疗适用于术后神经血管重要区域的残留肿瘤,由于能够集中能量释

放并对周围组织无损伤,可实现针对病灶的精准治疗,但目前尚缺乏大样本脊索瘤病例的临床研究报道。颅内脊索瘤椎管内播散十分罕见,但当出现脊髓和神经根症状时,应及时进行脊椎 MRI 检查以评估是否发生转移。

利益冲突 无

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Time: June 7–10, 2020

Venue: Banff, Alberta, Canada

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